

# Mental Health and Addictions Outreach Worker

## Youth Health Centre

### Temporary | Full-Time

**The Alex: Changing Health. Changing Lives.** The Alex Community Health Centre is a not-for-profit organization that is changing how we look at health care in Calgary. Our health, housing and food programs support our most vulnerable neighbours, tackling tough health and social issues head-on. Using a multi-disciplinary team approach, we focus care on assessment, intervention and promotion of all aspects of health. We embrace a model of health care that is accessible, responsive and participatory. In addition to the Family Health Centre, we run a Seniors Health Centre, a Youth Centre, two Mobile Community Health Buses, one Dental Health Bus, four Housing First Programs, and a Community Food Centre.

#### **What we do and why we do it:**

The Alex Youth Health Centre provides comprehensive health services in a multidisciplinary team through a welcoming, accessible, confidential, non-judgmental and youth-friendly environment. The goals of the Youth Health Centre (YHC) are to provide integrated health, counselling, and social services to reduce barriers for youth aged 12 to 24 and to improve clients' outcomes in the areas described above.

Reporting to the Team Lead of the Mental Health and Addictions Outreach Initiative, the Mental Health and Addiction Outreach Worker will work in collaboration with Youth Health Centre team, the Rapid Access Addiction Medicine (RAAM) team, and other Alex staff to support individuals, primarily aged 12-24, who are experiencing challenges associated with mental health and addictions. This is a youth focused role but involves working with adults as required. Working from a harm reduction, trauma-informed and anti-oppression framework, the Outreach Worker delivers front-line, flexible, and proactive outreach to support individuals to achieve stability and wellness. This position is temporary full-time and ends March 2023, with the possibility of extension.

#### **What you will do:**

- Provide assertive and flexible community outreach services that respond to individuals' mental health and addiction concerns
- Promote health and harm reduction through teaching, motivational interviewing, counselling, and distributing safe supplies
- Provide case management to assist with housing, employment, education, community integration, treatment programs etc.
- Provide appropriate short-term, goal-oriented counselling support to clients based on their stage of readiness
- Work supportively with clients, families, and community partners to achieve clients' and community goals
- Collaborate with the various interdisciplinary teams at the Alex and external stakeholders to provide services that support clients' goals.

- Work within a trauma informed, harm reduction, and culturally sensitive framework.
- Complete required documentation and collect data consistent with the Alex and Professional College policy and procedures
- Facilitate group programming for clients and staff relevant to needs and individual expertise and
- Data collection and entry as required
- Other duties as required

#### **What you will bring:**

- Degree or Diploma in addiction counselling, social work, or a health care profession and active or eligible for registration with a regulatory college or professional discipline eg. CACCF, ACTA, ACSW, ACP, or CLPNA.
- Minimum two years of experience working with vulnerable populations experiencing mental health and substance use concerns, and housing instability. This experience may have been obtained professionally, through volunteer work, or through one's lived experience.
- Knowledge about resources for housing, mental health, addiction, social and financial supports, etc.
- Adherence to harm reduction, trauma informed, housing first, and culturally sensitive principles.
- Knowledge of and experience developing and delivering evidenced-based care plans and interventions, that are suitable for single session and inconsistent interactions (e.g., motivational interviewing, solution focused, crisis intervention, etc).
- Dedication to data collection and quality improvement measures.
- Commitment to respectful communication, and collaboration among internal and external team members to provide responsive and appropriate client care.
- Confidence demonstrating initiative and working in the community to support a diverse population with complex needs.
- A satisfactory criminal record clearance and a Child Welfare Intervention Check.
- A class 5 non-GDL driver's license, a personal vehicle, a clean driver's abstract, and \$2 million liability insurance.
- Valid Standard First Aid – Level C CPR & AED.
- Knowledge of the United Nations Declaration on the Rights of Indigenous People (UNDRIP) and the Truth and Reconciliation Commissions (TRC) 94 Calls to Action is an asset

#### **Why You Want to Work with Us:**

The Alex is an innovative and diverse organization which seeks to invest in its employees and see them succeed in their chosen careers. If you are seeking a deeply rewarding, yet challenging career helping Calgary's vulnerable populations, this might be the place for you!

- Group benefits after three months

- Three weeks of paid vacation
- Paid wellness and personal Days
- RRSP matching after six months
- Reimbursement of professional designation fees
- Investment in professional development
- Health and Lifestyle Enhancement benefit

**How to apply:**

If you are as passionate as we are about making a difference in people's lives, please visit our career centre: [Jobs at The Alex | The Alex](#). **This position will remain open until a suitable candidate is found.**

For further information about The Alex and its programs, we encourage you to visit our website at [www.thealex.ca](http://www.thealex.ca)

*We thank all applicants for their interest, however, only those selected for an interview will be contacted.*