

Aboriginal Friendship Centre of Calgary

<https://www.afccalgary.org/job/martial-arts-instructor-taekwondo-instructor/>

Martial arts instructor (Taekwondo Instructor)

Description

Master Rim's Taekwondo Calgary Ltd now hiring Martial arts instructor (Taekwondo Instructor)

[Click here for more details](#)

Responsibilities

- Co-ordinate and plan Taekwondo related activities
- Plan, instruct and lead classes in Taekwondo for group and individual sessions
- Demonstrate and teach body movements and skills
- Explain principles, methods and techniques used in regulating movement of body, hands and feet to achieve proficiency
- Instruct students in maintaining exertion levels in order to achieve maximum health benefits from martial art routines
- Plan exercises for each set of muscles depending on each student's abilities, Teach proper breathing techniques used during movement in Taekwondo
- Make changes to the program based on observation and evaluation of students, Demonstrate and instruct athletic, fitness or sports activities and techniques
- Instruct groups and individuals in arts and crafts, Plan and carry out fitness and sports activities
- Enforce safety rules and regulations, Schedule activities, Conduct therapeutic recreational or athletic activities.

Qualifications

Black belt in Taekwondo

Other trades certificate or diploma

Contacts

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Employment Type

External

Job Location

Calgary

Date posted

October 14, 2019